



## Human Trafficking Awareness for Healthcare: W.A.R. on Slavery

### Introduction

Healthcare professionals are on the frontlines when it comes to identifying and caring for victims of human trafficking. As a result, they need to be educated on how to recognize indicators of abuse so they can intercede on behalf of the patient. This program will play a critical role in preparing our country's medical community to help victims break out of this abuse cycle.

[Program Preview Link](#) (3 lessons)

### About This Program

*Human Trafficking Awareness for Healthcare: W.A.R. on Slavery* is a three-minute-a-day program for educating your staff on how to recognize and engage with trafficking victims. Its 20 (3-minute) lessons provide gripping real-life victim stories that will change the mindsets and hearts of your team to utilize the tools and action steps so they can help victims escape their slavery. In this program, your staff will learn:

- Warmth and Protection keys that are essential to connecting and providing a safe haven for human trafficking victims;
- Assessment tool for recognizing “red flags” and working with victims utilizing a 4-step process;
- Releasing shame and blame from victims by understanding the victim mentality and brainwashing tactics of pimps and others who enslave these victims.

A four-fold printable (legal size) Pocket Guide pdf is provided to assist staff in remembering the key points and action strategies.

Abolitionist William Wilberforce once said, “*You may choose to look the other way but you can never say again that you did not know. Let it not be said that I was silent when they needed me.*”

### What is Unique About This Program?

We used medical research in addition to data from the Polaris Project/HT Hotline and the International Labor Organization. We examined the HT Hotline protocol, Vera Institute, and

Greenbaum's 6-item screening tool as well as others before developing our Pocket Guide. We based our process on HT victims traumatized, abused state and then we developed an approach and questions that victims would respond to.

In our 60-minute program you will learn from:

- 20 real-life victim stories (including four forced labor trafficking stories)
- 40 Indicators of Sex and Labor Trafficking (Red Flags, Physical, Controlling)
- 49 research statistics including 19 unique medical research sources from the Journal of the American Medical Association, Journal of Emergency Medicine, Journal of Pediatric & Adolescent Gynecology, Pediatric News, Journal of General Internal Medicine to list a few.
- Other learners as you interact on the discussion forum and share your reflections and actions while taking the program. This encourages teamwork and common goals.

We can connect you with Michigan Public Health Institute (MPHI) who can provide the continuing education credits for our program. Your staff can earn 1.5 continuing education credit (1.0 CME credit). Continuing education credits available for multiple disciplines. Our program meets the state's requirements.

## Learning Objectives:

At the end of this eLearning program, participants should be able to:

1. Identify the common "Red Flag" indicators and high-risk factors for human trafficking victims.
2. Describe the Physical Indicators most commonly found in human trafficking victims.
3. Recognize the common Controlling Indicators that may be a sign of potential human trafficking.
4. Describe the (trauma-informed) techniques of building warmth and rapport so that it will enhance interactions with a potential victim of human trafficking.
5. Understand the four steps and types of questions to ask in dealing with potential human trafficking victims so that they can make choices to end their trafficking.
6. Identify the national service referral phone number for trafficking victims.

## Why This Unique Format?

Currently you have 2 main options for awareness training:

1. Webinar/live training – 1\* hour in length. Your staff will likely only hear 1-2 victim stories and they will be required to be off the job to attend. Using nurses as an example, this means you will need to replace your unit nurse OR be short-staffed while they are taking this training. This causes serious scheduling challenges. If the average nurse makes \$31.64 x 2 nurses (to replace the nurse attending the training), your staffing cost is: \$63.28. \*The federal government's SOAR program is 3 hours long and earns you 1.1 CME for your time.

2. *"We know that nurse scheduling and staffing issues continue to afflict hospitals"* (Becker's Hospital Review, 10/14/16). So, we offer a more cost-effective, hassle and stress-free option. Our 1-hour training is delivered to your staff's direct email at the time you designate. It is 3-minutes long (enough time for your staff to drink their coffee). It comes each day for 20 days = 1.0 CME credit. No staff costs or travel required. Each person can decide when they want to watch the training. Each participant is tracked and you will be provided a report to know who completed the

training. Participants can share a Reflection or Action on a forum after each lesson which encourages interaction with colleagues.

In 3 minutes a day, your staff will learn how to recognize and talk with potential HT victims through our lessons and Learning Aid.

## Co-Authors Biographical Sketch:



After falling prey to sex traffickers as teenager, Ruth Rondon found herself caught up in a tangled web of trafficking and drug addiction for 18 years. Ruth was subjected to trauma and abuse as a child and adult, and lived beyond the reach of anyone who cared for her. Her family and others tried to reach her for years, to no avail. She navigated through life in survival mode, lonely, self-destructive, and oblivious to her own potential and the power she held inside. Ruth vowed to be a victim no more and she was able to escape the life and recover from her addiction. She went on to work for 27 years as a clerk. She retired so she could begin helping other victims become survivors. She is the author of *The Realities of Human Trafficking: From the Inside Out to Freedom*. In March of 2015, Ruth was appointed by Governor Snyder to serve a two-year term on the Michigan Human Trafficking Health Advisory Board, and was reappointed in December of 2016 to serve a four-year term.

Patti Hathaway is known as The CHANGE AGENT. As a bestselling author of five books, a Certified Speaking Professional, and business advisor and coach, Patti is the author of five other Avanoo programs. In her *Enrich Your Job and Boost HCAHPS Scores*, a program for hospital professionals, she teaches simple, effective practices based on evidence-based medical research—practices that are guaranteed to bring measurable results. In *Living Powerfully During Nonstop Change*, Patti shares her own and others' personal struggles and triumphs while teaching you achievable solutions she's refined over 25 years of service and research. Patti's books have been translated into 6 languages and have collectively sold over 100,000 copies. Her expertise has been featured in the New York Times, Harvard Management Update, Entrepreneur Magazine, Sales and Marketing Excellence, Woman's Day, American Way, Cosmopolitan, and numerous industry-specific journals.

In this Program, Ruth provides real-life stories of her own and others as a trafficking victim, while Patti teaches practical, proven tools and strategies that are based on real life rather than theory. Together, Ruth and Patti provide a powerful combination of street experience and thought-provoking insights to challenge healthcare workers to stop human trafficking and end modern day slavery.

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